

## Shawn T. Mason, Ph.D.

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### PUBLICATIONS

- Grossmeier, J., Castle, P., Pitts, J., Saringer, C., Rahig Jenkins, K., Imboden, M., Mangen, D., Johnson, S., Noeldner, S., **Mason, S.T.** (2020) Use of health and well-being practices influence on employee participation, impact, and perceived support. *Amer J of Health Promotion*.
- Das, S.K., **Mason, S.T.**, Vail, T.A., Livingston, K.A., Whelan, J.G., Chin, M.K., Blanchard, C.M., Turgiss, J.L., Roberts, S.B. (2020) Sustained long-term effectiveness of an energy management training course on employee vitality and purpose in life. *Amer J of Health Promotion*.
- Iboden, M., Castle, P., Johnson, S., Rahrig-Jenkins, K., Pitts, J., Grossmeier, J., Mangen, D., **Mason, S.T.**, & Noeldner, S. (2020) Development and validity of a workplace health promotion best practices assessment. *Journal of Occupational and Environmental Medicine*.
- Fauerbach, J.A., Gehrke, A.K., **Mason, S.T.**, Gould, N.F., Milner, S.M., Caffrey, J., (2020). Cognitive behavioral therapy for acute post-trauma distress: A randomized controlled proof of concept study among hospitalized adults with burns. *Arch Phys Med Rehabil. Feb 15. Epub ahead of print*.
- Das, S.K., **Mason, S.T.**, Vail, T.A., Livingston, K.A., Whelan, J.G., Chin, M.K., Blanchard, C.M., Turgiss, J.L., Roberts, S.B. (2019) Effectiveness of an energy management training course on employee well-being: A randomized controlled trial. *Amer J of Health Promotion, Jan; 33(1)*
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- Silberman, J., Greenhut, J., Wang, C., Hall, M., **Mason, S. T.**, & Schwartz, S. M. (2015). The avalanche hypothesis and compression of morbidity: Testing epidemiological assumptions through cohort sequential design. *PloS One, May 11, 10 (5)*
- Schwartz, S. M., **Mason, S. T.**, Wang, C., Pomano, L., Hyde-Nolan, M., & Carter, E. (2014) Sustained Economic Value of a Wellness and Disease Prevention Program: An 8-year longitudinal evaluation. *Population Health Management, Apr 17 (2)*.
- Goetzel, R., Henke, R., Benevent, R., Tabrizi, M., Kent, K., Smith, K., Roemer, E., Grossmeier, J., **Mason, S. T.**, Gold, D., Noeldner, S., & Anderson, D. (2014). *Journal of Environmental and Occupational Medicine. Feb; 56(2): 136-44*
- Escolas, S. M., Hildebrandt, E. J., Maiers, A. J., Baker, M. T., & **Mason, S. T.** (2013). The impact of attachment style on sleep in post-deployed service members. *Army Medical Journal. April-June:35-45*.

- Mason, S. T.**, Lauterbach, D., & Lawrence, J., & Fauerbach, J.A. (2013) Confirmatory factor analysis and invariance of the Davidson Trauma Scale in a longitudinal sample of burn patients. *Psychological Trauma: Theory, Research, Practice, and Policy*. 5(1), 10-17.
- Escolas, S., Arata-Maiers, R., Hildebrandt, E., Maiers, A., **Mason, S. T.** & Baker, M, (2012) The Impact of Attachment Style on PTSD in Post-Deployed Service Members. *Army Medical Journal*. July-September:54-61
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- Mason, S.T.**, Esselman, P., Fraser, R. Truitt, A., & Johnson, K. (2012). Return to work after major burn: Systematic Review. *Journal of Burn Care Research* 33 (1): 101-9.
- Amoyal, N., **Mason, S. T.**, Gould, N., Corry, N., Mahfouz, S., Barkey, A., & Fauerbach, J. A. (2011). A Psychometric Evaluation of the Brief COPE in a Burn Sample. *Journal of Burn Care Research*. 32(3): 392
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- Mason, S. T.**, Corry, N., Gould, N., Amoyal, N., Gabriel, V., Wiechman Askay, S., Holavanahalli, R., Banks, S., Arceneaux, L. L., Fauerbach, J. A. (2010) Growth Trajectories of Distress in Burn Patients. *Journal of Burn Care Research* 31(1): 64-72.
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- Lauterbach, D., Bak, C., Reiland, S., **Mason, S. T.**, Lute, M., & Earls, L. (2007). Quality of parental relationships among persons with a lifetime history of PTSD. *Journal of Traumatic Stress*. 20(2):161-72

## Book Chapters

Moore, B. & **Mason, S. T.** (2012). *Assessment and management of acute stress on the battlefield*. In 2<sup>nd</sup> Ed. Kennedy, C. *Military Psychology: Clinical and operational applications*. Guilford Press, New York

**Mason, S. T.**, Arceneaux, L.L., & Fauerbach, J. A. (2012). *Psychology of pediatric pain: Burns*. In *Textbook for Pediatric Burn Care*. Ed. Phillips, B.

**Mason, S.T.**, Fauerbach, J., & Haythornthwaite, J. *Assessment of acute pain, pain relief, and pain satisfaction. Ch 41*. In D.C.Turk. D., & Melzack, R. *Handbook of Pain Assessment: Third Edition Assessment: (2010)*, Guilford Press: New York, NY.

### **Other Publications**

**Mason, S. T.**. (2017) Mental health and well-being are catching on – and for good reason. *Population Health News*. Dec.

**Mason, S. T., et al.**, (2017) Life benefits of managing energy.  
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**Mason, S. T.**, (2014) Quality of life in worksite wellness: What matters? *Corporate Wellness Magazine*. Jan.

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**Mason, S. T.**, & O’Day, R. (2013) Breaking through the next generation of health promotion. *Benefits Magazine*. April/Mar, 2013.

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**Mason, S. T.** (2012). *Digital health Coaching for Population Health Management*. Consumer Drive Health Care. CDHC Solutions

Sebranek, W., **Mason, S. T.**, Alexander, J., Schwartz, S., Finkenauer-O’Day, R., (2012). *Culture of Health: A new perspective*. White paper for Johnson and Johnson Landmark Study.

Weichman-Askay, **Mason, S.T.**, & Fauerbach, J.A. (2012). *Managing and understanding burn pain*. Consumer information literature produced in collaboration with the NIDRR funded Burn Model Systems Knowledge Translation Center.

Lawrence, J.W., **Mason, S.T.**, & Fauerbach, J.A., (2011). *Changes in appearance after a major burn injury*. Consumer information literature produced in collaboration with the NIDRR funded Burn Model Systems Knowledge Translation Center.

Fauerbach, J. A. & **Mason, S. T.** (2011). *Psychological distress after major burn injury*. Consumer information literature produced in collaboration with the NIDRR funded Burn Model Systems Knowledge Translation Center.